

# Advance Care Planning: Resources

If you are looking to learn more about advance care planning so that you can better support patients, families and caregivers, take a look of some of the great resources available. The laws differ across Canada depending on jurisdiction, so be sure to access resources specific to the province of British Columbia.

To learn more about the specifics of advance care planning:

- [Five Steps of Advance Care Planning \(Speak Up\)](#)
- [B.C. Ministry of Health Resources](#)
- [B.C. Centre for Palliative Care's Advance Care Planning Initiatives](#)
- [Nidus Personal Planning and Resource Centre and Registry](#)
- [Interior Health Authority](#)
- [Northern Health Authority](#)
- [Vancouver Coastal Health](#)
- [Vancouver Island Health Authority](#)
- [Fraser Health](#)

**Direct patients, families and caregivers to available education/workshops across the province:**

[Advance Care Planning BC WorkBook, \(Speak Up\)](#): An interactive workbook to help individuals complete an advance care plan.

[Advance Care Planning Workshops, \(Vancouver Coastal Health\)](#) held at Vancouver General Hospital, Richmond Hospital and Lions Gate Hospital.

[Vancouver Island Advance Care Planning Events and Workshops](#) in multiple Island communities including Alberni Valley, Campbell River, Comox Valley, Cowichan Valley, Nanaimo, Qualicum Beach, Salt Spring, Sooke, Tofino (Pacific Rim), and Victoria.

